Course Description

The FIRST® LEGO® League Explore professional development course is designed for new and experienced teachers, facilitators, coaches, and mentors to enhance their overall FIRST® program knowledge, giving participants a strong understanding of how to implement all aspects of the program and how to achieve STEM learning objectives. In Explore, teams of students in grades 2-4 focus on the fundamentals of engineering as they investigate real-world problems, learn to design and code, and create innovative solutions made with LEGO® bricks and powered by LEGO® Education SPIKE™ Essential set. Participants in this course will walk in the footsteps of the students as they engage in the Explore program, gaining technical, engineering, and coding skills through hands-on experience. The course is customized to meet the unique needs of participants while modeling how to inspire their students to become confident and creative innovators and collaborate.

Course Requirements

FIRST Provides for use during professional development:

- FIRST LEGO League Explore Set
- Digital access to Team Meeting Guide and Engineering Notebooks
- Unbuilt LEGO Education SPIKE™ Essential Set

Participant Brings:

- Computer with Internet Access
- LEGO® Education software downloaded prior to the first session.
  - OR - web-based SPIKE Essential app: https://spike.legoeducation.com (use a Chrome browser)

Course Objectives

By the end of this course, you will:

- Participate in the FIRST experience from a student’s point of view.
- Identify the essential components of the FIRST LEGO League Explore program and be familiar with how to use the Explore kit, LEGO Education SPIKE Essential materials, and software.
- Build a robot and learn introductory icon-based programming concepts using the LEGO Education SPIKE App.
- Be able to foster computational thinking, collaboration, coding, and problem-solving skills in students.
- Know how to engage students in explore, build, and challenge activities.
- Collaborate with other participants and share best practices while building a team model.
- Create unique solutions made with LEGO bricks and powered by a LEGO Education robot.
- Create and present a team project.
- Implement Diversity and Inclusion practices.
- Utilize, model, and reinforce the FIRST Core Values!