5 Questions to Ask Families

1. What does your child do that makes you smile?  
   *This sets the tone for a respectful conversation with families.*

2. What does your child do that makes them smile?  
   *This helps you understand the youth’s favorite activities, strengths, reason they chose FIRST, etc.*

3. What makes your child angry or sad?  
   *This lets you know what triggers there may be to behaviors so you can anticipate them.*

4. What does it look like when your child is angry or sad?  
   *This will let you know what you will see if a youth is angry or sad (gestures, facial expressions, etc).*

5. What should we do when that happens?  
   *This lets you know what calming techniques work for the youth.*

Remember:

- You don’t need to know a diagnosis!  
- You just need to know what will help the team member to be successful on your team.