

SBPLI LONG ISLAND REGIONAL #2 SITE AND COVID INFORMATION

March 24 – March 26, 2022

Event Location

Hofstra University Arena
1000 Fulton Avenue
Hempstead, NY 11550
Phone: (516) 463-6600

Event website: <http://www.sbpli-lifirst.org>

Venue website: <http://www.hofstra.edu/home/index.html>

COVID Information – as of 3/1/2022: For more information, please see page 4 of this document.

NOTE: The site will not accept or store team robots or toolboxes.

Directions to Hofstra University Arena

For directions and bus and train schedules use the web address below:

http://www.hofstra.edu/StudentServ/IC/ic_hofstra_directions.cfm

From New York City: From the Queens Midtown Tunnel, continue on the Long Island Expressway (I-495) East to exit 38, Northern State Parkway East, to the Meadowbrook Parkway South (exit 31A) ... Stay on the Meadowbrook Parkway until Exit M4 (sign reads "Hempstead" and "Coliseum") Follow "From All Points," below.

From southern New Jersey, southeast Pennsylvania, Maryland, Washington, D.C., and Virginia: Take N.J. Turnpike to Exit 13. Follow Route 278 to Verrazano-Narrows Bridge. Take left exit off bridge onto the Belt Parkway East. Take that to Exit 25A (Southern State Parkway East — the Belt Parkway splits, stay left). Take that to Exit 22N (Meadowbrook Parkway North). Stay on the Meadowbrook Parkway until Exit M4 (sign reads "Hempstead" and "Coliseum"). Follow "From All Points," below.

From northwestern New Jersey, northern Pennsylvania, and the Middle States:

Take either Interstate 78, Interstate 80, US Route 22, New Jersey Route 4, or New Jersey Route 17 to the George Washington Bridge. Proceed over the bridge to the Cross Bronx Expressway onto the Throgs Neck Bridge: Follow directions from Throgs Neck Bridge, detailed below.

From Upstate New York:

Take New York Thruway over the Tappan Zee Bridge to Cross Westchester Expressway (Interstate 287). Stay on the Expressway to the New England Thruway. Proceed south on the Thruway to Throgs Neck Bridge

Follow directions from Throgs Neck Bridge, detailed below.

From New England:

Proceed south to New England Thruway (Interstate 95) and take this to the Throgs Neck Bridge. Follow directions from Throgs Neck Bridge, detailed below.

From the Throgs Neck Bridge:

Take Cross Island Parkway (first exit over the bridge on right) to the Grand Central Parkway East (Exit 29, exit forks - stay left) Grand Central Parkway will become the Northern State Parkway East, follow to Exit 31A (Meadowbrook Parkway South) Take the Meadowbrook Parkway to Exit M4 (sign reads "Hempstead" and "Coliseum") Follow "From All Points," below.

From eastern Long Island: Take the Northern State Parkway West, to the Meadowbrook Parkway South (Exit 31A) or take the Southern State Parkway West to the Meadowbrook Parkway North (Exit 22N). Stay on the Meadowbrook Parkway until Exit M4 (sign reads "Hempstead" and "Coliseum") follow "From All Points," below.

From John F. Kennedy Airport:

Take the Belt Parkway East to Exit 25A (Southern State Parkway North). Take that to Exit 22N (Meadowbrook Parkway North). Stay on the Meadowbrook Parkway until Exit M4. Follow "From All Points," below.

From LaGuardia Airport:

Take the Grand Central Parkway East ... This will become the Northern State Parkway East Follow this to Exit 31A (Meadowbrook Parkway South) Take the Meadowbrook Parkway to Exit M4 (sign reads "Hempstead" and "Coliseum") ...

Follow "From All Points," below.

From MacArthur Airport:

Take Veterans Memorial Highway South to Sunrise Highway West to the Southern State Parkway West Take that to Exit 22N, then take Meadowbrook Parkway North to Exit M4

Follow "From All Points," below.

From All Points:

From Exit M4 of the Meadowbrook Parkway you will be on Route 24 West (Hempstead Turnpike) stay on 24W for about one-mile Pass Nassau Coliseum. Hofstra University is on both sides of Hempstead Turnpike. You will see two overhead walkways. Make the first Right after the first overhead walkway...this is the main entrance to the university campus. Make a right at the STOP sign (Northern Boulevard...not THE Northern Boulevard). You'll pass the Physical Fitness Center/ Swim Club on the right. The second building is the Arena...it is on the RIGHT.

Welcome to Hofstra!

Getting to Hofstra U. By Railroad

From New York City:

The Long Island Railroad provides regular commuter service from Pennsylvania Station in New York City to the Hempstead station, which is less than two miles from Hofstra's campus. Pennsylvania Station is located at 34th Street and 8th Avenue, below Madison Square Garden. Take the Long Island Railroad East on the Hempstead Branch to the final stop "Hempstead." Depending on the day and time, a complimentary blue Hofstra bus may be waiting at the station to take visitors and students to the Hofstra campus. The bus makes several stops on campus. Otherwise, just take a taxi for a short 5-minute trip to the Hofstra campus.

Getting to Hofstra U. By Bus

Long Island Bus provides public bus service serving Hempstead, Hofstra University, Nassau University Medical Center, Levittown, Farmingdale, Melville, Sunrise Mall, Babylon, via Hempstead Turnpike.

Site Restrictions:

Please read the following restrictions and adhere to them in order to promote an orderly, safe, pleasant, and exciting competition. As a group, we all should honor agreements with the venue and help promote the spirit of good partnership.

- **Do not use skateboards or 'hoverboards'**. This is a safety concern.
- **Do not use drones.** This is a safety concern.
- **Do not bring bottled gas tanks (e.g. helium).** This is a safety concern.
- **Do not use noisy devices**, such as floor stompers, whistles and/or air horns.
- **Do not** arrange for Internet access or phone lines from venue service providers or attempt to use venue internet connections reserved for event purposes (e.g., FMS or streaming).
- **Do not sell any products.** This includes food, hats, shirts or any promotional products.
- **Do not distribute any food products**, such as candy, water, soft drinks or fruit.
- **Do not sell raffle tickets.**
- **Do not use walkie-talkies.**
- **Do not invite or bring live bands to play in the audience.** This dilutes the presentation on the playing field and is too loud and confusing for the audience.
- **Do not play loud music in the Pit** because it interferes with important announcements. If a team receives more than a warning or two, the power to the team Pit will be shut off and/or the music device confiscated.
- **Do not form "tunnels"** during the Awards Ceremony. This can cause discomfort to those traveling through them and creates safety issues.
- **Do not save seats.**
- **Do not wear open-toed shoes.**

As of: 3/1/2022

Health and Safety Plan for SBPLI 2022 FRC Regional Events

Event Length	Standard 3-Day Regional
Public Attendance	No spectators will be allowed entry to reduce the number of people in the arena.
Vaccination Requirements	SBPLI will require all volunteers to be fully vaccinated. Participants (coaches, team members, etc.) to show proof of vaccination or a negative COVID test within the prior 72 hours to gain entry.
Face Masks	All participants will be required to wear masks Masks must be tight fitting and worn properly, fully covering the nose and mouth. Due to the relatively long nature of our event, N95 and KN95 masks are STRONGLY ENCOURAGED .
Team Size Limitations	24 members per team (includes students, mentors, and coaches) allowed onsite. All team members (students, mentors, and coaches) must be registered on the Team Roster in the FIRST Team Information System. The same set of team members do not have to attend all days. At the beginning of each competition day, a single set of substitutions can be made. Once the competition starts, no further substitutions can be made.
Food	Food is to be eaten in designated areas only. Food may not be eaten in the stands or the pits.
Safety Glasses	Teams will be responsible for bringing and providing safety glasses for everyone on their roster. A small number of safety glasses will be made available to volunteers for duration of the event.
Cleaning and Sanitation	Field cleaning will occur prior to the start of each event day and throughout the day as necessary. Sanitizing wipes will be located in each driver station for team use. Hand sanitizer stands will be set up throughout the event
Pit Area and Spacing	Accommodations will be made to isolate pits and provide spacing at scoring table and in stands.
Monitoring	Team safety officers to help monitor team compliance with this plan.
Judging	Dean's List judging done remotely in advance of the event; all other judging done live during event.

NOTE: If conditions change significantly as we approach the dates of the events, SBPLI retains the right to adjust this plan accordingly.